

# HEALTH HISTORY

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PATIENT NAME \_\_\_\_\_ BIRTH DATE \_\_\_\_\_ SEX \_\_\_\_\_

Mother's Name \_\_\_\_\_ Age \_\_\_\_\_ Father's Name \_\_\_\_\_ Age \_\_\_\_\_

Occupation \_\_\_\_\_ Occupation \_\_\_\_\_

If adults in the household work outside the home, what childcare arrangements are made for this child? \_\_\_\_\_

## A. Pregnancy and birth: (circle "no" or "yes" leave blank if uncertain)

- |   |       |       |
|---|-------|-------|
| 1. Did the mother have any illness during pregnancy? .....                                  | no    | yes   |
| 2. Were any other medications other than vitamins and iron taken during pregnancy? .....    | no    | yes   |
| 3. Was the baby born on the calculated due date? .....                                      | yes   | no    |
| 4. What was the birth weight? .....   | _____ | _____ |
| 5. Did the baby have any trouble starting to breathe? .....                                 | no    | yes   |
| 6. Did the baby have any trouble while in the hospital? (jaundice, infection, other?) ..... | no    | yes   |

## B. Past Medical History: (circle "no" or "yes" leave blank if uncertain)

- |  |       |       |
|--|-------|-------|
| 1. Where has your child gone for check-ups until now? .....  | _____ | _____ |
| 2. Date of last check-up .....   | _____ | _____ |
| 3. Date of last dental check-up (if applicable) .....  | _____ | _____ |
| 4. Has your child had allergic reactions to any medications, food, insect bites, or immunizations? ..... | no    | yes   |
| 5. Any hospitalizations other than for birth? .....  | no    | yes   |
| 6. Any serious injuries? .....   | no    | yes   |
| If "yes", please give details _____  |       |       |
| 7. Are any medications taken regularly? .....  | no    | yes   |
| If "yes", please list _____  |       |       |

## C. Family History:

- |  |     |     |
|--|-----|-----|
| 1. Are the child's parents both in good health? .....  | yes | no  |
| 2. Circle any diseases that this child's parents, grandparents, brothers, sisters or aunts and uncles have had: anemia, asthma, allergies, diabetes, high blood pressure, heart trouble, tuberculosis, mental illness, drug problems, alcohol problems, inherited illness, cancer, AIDS, or learning disabilities. |     |     |
| 3. List age, sex and general health of brothers and sisters _____  |     |     |
| _____  |     |     |
| 4. Have any of your children died? .....   | no  | yes |

## D. Feeding and Nutrition

- |   |     |     |
|---|-----|-----|
| 1. Is your child's appetite usually good? .....   | yes | no  |
| 2. Is it good now? .....  | yes | no  |
| 3. Was there severe colic or any unusual feeding problem during the first three months? ..... | no  | yes |
| 4. Do any foods seem to disagree with him/her? .....  | no  | yes |
| 5. For the first 6 months, was he/she (is he/she) breast or bottle fed? _____                 |     |     |
| 6. If still on formula, which one do you use? _____   |     |     |
| 7. Does he/she take vitamins or fluoride? _____   |     |     |

**A. Review of Systems:**

- |   |    |     |
|---|----|-----|
| 1. Has your child had frequent ear infections?                                | no | yes |
| 2. Any eye problems?  | no | yes |
| 3. Has he/she had any problems with teeth?                                    | no | yes |
| 4. Does he/she have frequent colds or sore throats?                           | no | yes |
| 5. Is there a history of asthma, pneumonia or recurrent cough?                | no | yes |
| 6. Does he/she have a heart murmur or any heart problem?                      | no | yes |
| 7. Any problems with urination, diarrhea or constipation?                     | no | yes |
| 8. Have there been any convulsions or other problems with the nervous system? | no | yes |
| 9. Any eczema, hives or other skin conditions?                                | no | yes |
| 10. Has your child ever been anemic?  | no | yes |
| 11. Please list any other medical problems _____                              |    |     |
- 

**F. Development/Behavior:**

- |  |       |     |
|--|-------|-----|
| 1. At what age did your child sit alone?   | _____ |     |
| 2. At what age did he/she walk alone?  | _____ |     |
| 3. Did he/she say any words by the time he/she was 18 months old?  | yes   | no  |
| 4. Does he/she have any trouble sleeping?  | no    | yes |
| 5. What grade is he/she in?  | _____ |     |
| 6. Has he/she had any trouble in school?   | no    | yes |
| 7. Does he/she get along well with other children?   | yes   | no  |
| 8. Circle if your child has had any of the following: bed wetting, problems with toilet training, bad temper, hyperactivity, nightmares, speech problems, problems with discipline, others |       |     |

**G. Safety/Environment:**

- |  |     |     |
|--|-----|-----|
| 1. Is your water heater set at 120 degrees Fahrenheit?                 | yes | no  |
| 2. Is there a working smoke alarm on each floor of your house?         | yes | no  |
| 3. Does your child always use a car seat or seat belt in the car?      | yes | no  |
| 4. Are there any smokers in your home?                                 | no  | yes |
| 5. Are there any guns in your home?                                    | no  | yes |
| 6. Does your child always wear a bike helmet when riding his/her bike? | yes | no  |